



Quick Release



A publication of 3 Rivers Velo Sport Inc. Founded in 1969, 3RVS is an LAB, ACA and IMBA affiliated club, & member of the IBC, USCF and NORBA. Quick Release contains current and planned club biking activities and is distributed to all members. Submissions are due by the 15th of each month.

April 2000

The Bicycle Bulletin Board

Issue 2000.04

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Is This Your Last Newsletter?

April Cycling Quote:

“Sartre much preferred riding a bicycle to walking. He would amuse himself by sprinting on the hills. On level stretches, he pedaled with such indifference that on two or three occasions he landed in the ditch.”

Simone de Beauvoir

Club Jerseys For Sale

You probably have seen our really fabulous Club jerseys going down the road. How could you miss them? That bright yellow really stands out.

And drivers see them too, from way back. Some drivers even give us a little room when blasting past us.

But the best thing about the Club jerseys is they really make it easy to find your friends at sag stops. Just by looking for their bright jerseys, you can easily pick out other club members to have lunch with at the Hilly Hundred chicken stop or the Flat Fifty Rainbow Lake sag.

We still have for sale a few of these fine jerseys, designed by Club member Kent Reckeweg. The current stock are long-sleeved Men's Large and Ladies Medium. The cost is \$50.

Please contact Karen Walker at 747-2420 if you are interested in purchasing a Club jersey. If we don't have your size, we can reorder if there is enough interest.

WHERE WAS THAT GREAT TOUR?

April Program Preview

Hey Man, where was that awesome bike tour you were telling me about last year? You know, the one with the super scenery and the “to die for” homemade chocolate chip cookies.

Attend the Club meeting on Thursday, April 6, at 7:30 pm., at First Wayne Street United Methodist Church to learn about the many interesting touring and racing options available for the upcoming riding season. Three longtime 3RVS members will be speaking at the meeting about tours and races they have ridden and can recommend as some of the best.

Presenters will be Cheryl Mathews, Jim Brown and Roger Kingsbery. Cheryl will discuss commercial tours she has done with Vermont Bicycle Touring. Please see her article elsewhere in the Quick Release about her Vermont Bicycle Touring experience. Jim will speak about tours he has ridden in this area, including TRIRI (Touring Ride in Rural Indiana). Roger, who is an experienced racer for our Club, will be talking about races he recommends.

Jim has been a member of 3RVS for ten years, including serving two years as Club Touring Director. Jim is a regular participant in Club touring rides and has played a very active role in the Club over the past ten years.

Last season, Jim made a big change from riding a road bike to riding a recumbent. He enthusiastically reports he loves his new recumbent bike. Jim also puts in numerous miles each year riding a tandem with his friend, Cindy Smith. Jim has completed six TRIRI rides, including all of the five different TRIRI routes.

Cheryl has been a member of 3RVS since she moved to Fort Wayne from Columbus, IN, in 1990. She began cycling in 1980 while she was a student at Indiana University in Bloomington. Cheryl rode with the Driftwood Valley Wheelers in Columbus prior to moving to Fort Wayne.

Another very active Club member, Cheryl has served as Secretary and Publicity Director for 3RVS. Cheryl has ridden on five tours with Vermont Bicycle Touring, including one in Wisconsin, one in New York and three in Vermont. Cheryl also has ridden in numerous area tours, including “Amishland and Lakes,” and “Horsey Hundred.” One of Cheryl's favorite rides is “Hilly Hundred,” which recently was honored by the League of American Bicyclists as the Best Bicycle Tour in America for 1999.

When this article was being written, Roger Kingsbery was in North Carolina training on the same hills, or is it mountains, Lance Armstrong uses for training. Roger has been a member of 3RVS for several years and has brought many honors to our Club because of his bike racing skills.

Roger began racing when he was eighteen years old. Except for a brief hiatus in the 1980's, Roger has been involved in bicycle racing ever since. Roger was among the top twenty racers in the Midwest in 1976 and, as such, was invited to the Olympic trials. Last year, he placed 2nd in his category, Masters 50+, in the District Championship Road Race and won the District Championship Criterium in his category.

Join Jim, Roger and Cheryl at the Club meeting on April 6 for their interesting discussion of tours and races you will want to participate in this year. You will be able to talk with them and your other cycling friends, as well as make new friends, during the social hour that will follow the program.

Karen Walker

President's Message

What a great start to the cycling season we had the first weekend of March! The weather was gorgeous, and we had big turnout for both the Saturday and Sunday rides. With this kind of start, this year's riding season is sure to be the best ever.

Touring Director Kathy Boling has been working very hard to ensure a great season for all of us. She has a special ride planned for new riders on April 2, beginning at Carroll High School. The route will be marked with Dan Henry's so no one will get lost.



Kathy has redone the route map for this route and some other routes to make the maps easier to follow. Let's make the new riders feel welcome on April 2 by riding with them and showing them how much fun cycling with us can be.

Kathy will be planning some breakfast rides on Saturdays beginning in May. She also will have at some of our Club rides a group of cyclists she is coaching as part of the Leukemia Team in Training program. They will be riding with us as part of their training.

Among the skills Kathy will be teaching the Leukemia cyclists will be group riding. If you would like a brush-up course on group riding, please feel free to ride with Kathy's Leukemia Team when they come out for one of our Club rides. I rode with her Leukemia Team several times last year and found Kathy's instruction in group riding extremely helpful and informative. Besides, her Leukemia Team was a fun group with which to ride.

Racing Director Joe Bartels reports that the Club racers have been putting in lots of miles already this season. Several of the racers have been out of town in warmer climates for training. I found out how fast the racers were riding when they blew around me on the first ride of the season after only a few miles. They were showing no mercy.

Joe is planning a Road Race for the same day as the Three Rivers Festival Bike Tour. The Road Race will begin just before the Tour and will follow the Tour route. The Three Rivers Festival Road Race will be an exciting new addition to our Club's activities.

Our Club meeting in March was a big success. This was the first meeting of the year with a planned program. Almost 40 club members came to the meeting on March 2 to hear Kathy Boling's presentation on getting your bike ready for Spring. Kathy made a very interesting presentation and everyone seemed to enjoy the meeting and the refreshments and socializing that followed the program.

Thank you Kathy for the interesting presentation and thank you Susan Hunt and Marilyn Bash for bringing the snacks, which were completely consumed by the end of the meeting. Please plan to attend this month's meeting on April 6, which will follow a similar format and will include presentations from the three Club members on Planning Your Touring and Racing Season.

Touring New York's Finger Lakes Region *by Cheryl Mathews*

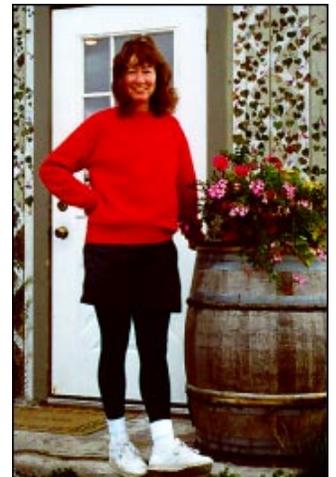
During the week of September 26 through October 1 last fall I joined 16 other people and two guides for a delightful five day bicycle tour of the Finger Lakes region of New York. This ride was organized by Vermont Bicycle Touring company, who also arranged the nice, though windy, weather. The terrain of this area is challenging for a flatlander, and good training for the Hilly Hundred!

The Finger Lakes, located in the middle of New York state, were carved out eons ago by the retreating glaciers. Along with the deep, long, narrow lakes, the deep north-south ridges characterize the terrain between the lakes. Bicycling between the lakes is a constant cycle of long, gradual ascents followed by some steep and thrilling descents. Riding parallel to the lakes is a more gentle, rolling riding experience. Another result of this terrain is a lot of picturesque waterfalls.

Waterfalls and wineries were part of our daily riding experience as the topography is ideal for vineyards. Our daily routes ranged from 22 miles to 52 miles with longer optional routes. There were plenty of opportunities to enjoy the state parks of the area, as well as some historic spots.

A highlight for the women was a tour of the Women's Hall of Fame in Seneca Falls (hereafter affectionately known as "the chick museum"). We overnighted at three different inns, ate great food, and took advantage of the gracious hospitality.

The Vermont Bicycle Touring guides know all the ins and outs of the area and go the extra mile to make sure you have a great time. VBT conducts tours in Vermont, Maine, California, Martha's Vineyard/Nantucket, eastern Canada and several European locations. I would highly recommend Vermont Bicycle Touring vacations for those who like to combine sight-seeing and socializing with bicycling.



Cheryl Mathews, one of this month's program speakers.

April Touring Schedule

<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Start Location/Ride To</u>	<u>Map</u>	<u>Distance</u>
Saturday	April 1	11 am	Arcola/Coesse/CC/Pierceton	ARC-1	21/37/57
Sunday	April 2	1 pm	Carroll/Huntertwn/Busco/Merriam	Special	19/39/54
Saturday	April 8	11 am	Wayne/Ossian/Bluffton	WHS-7	20/25/50
Sunday	April 9	11 am	Dana/Busco/Chain o' Lakes	DCU-8	14/35/59
Saturday	April 15	11 am	Homestead/Huntington	HHS-4	21/50
Sunday	April 16	11 am	Leo/Auburn/Kendallville	LHS-9	25/37/50
Saturday	April 22	11 am	Hunterown/Waterloo/Hudson	HTN-7	47/61
Sunday	April 23		Easter - no ride scheduled		
Saturday	April 29	11 am	New Haven/Monroeville	NHB-1	17/30/45
Sunday	April 30	11 am	Arcola/CC/TriLakes/N.Webster	ARC-2	24/40/55/63

A message from the Touring Director: Well, what happened? Spring was here, wasn't it? It looked like spring, smelled like spring, felt like spring . . . But, as I am writing this, the weather folks are calling for snow. I really like snow, but once it is gone I want warm weather and I look forward to riding outside.

March started off with a few excellent days and droves of people came out eager to put some miles on their finely adjusted bike (which they learned how to do at the March club meeting).

The rides for the upcoming year should be pretty fun. We will start off the season with a free Welcome Ride on April 2. This ride will be marked with dan henry's on the 19 and 39 mile routes. New, easy to follow maps will be provided. The route travels through Huntertown, Churubusco and Merriam.

The Wednesday evening touring rides will resume in April with a Show and Go format. These rides start at 6 pm at Saturn Church on CR800, about a half mile west of County Line Road.

Starting in May we will have The Breakfast Ride a few times a month on Saturday's. Also, as the days get longer in May, the Tuesday evening touring rides will begin. Watch here for times and locations.

Last year we started to work with riders new to the club to help teach them how to ride in a group, how to draft, ride in a paceline, group riding etiquette, ride with traffic all around, and even how to climb a hill and when to shift. This year we have a whole group of folks that did this last year and who, with all their newly acquired knowledge, will be able to welcome folks and help them ride more efficiently in a group. I can't wait till this weather settles down and we can keep it on the road.

Ride Notes:

- The Leukemia Team in Training riders will join with the 3RVS riders on April 2, 16 and 30. Please help welcome them.
- Bring your family, friends, or even your mother-in-law to our Welcome Ride. Enjoy the lightly traveled roads as we tour the countryside of northern Allen county and touch into Whitley and Noble counties.

With a choice of 3 loops and a convenient store stop on all of them, there is a route for everyone. So come on out to Carroll High School at 1:00 and join us!

Ride Start Locations

<u>Map</u>	<u>Location</u>	<u>Address</u>
ARC	Arcola Elementary School	1006 Arcola Rd
CHS	Carroll High School	3701 Carroll Rd
DCU	Dana Federal Credit Union	3102 Spring St
HHS	Homestead High School	4310 Homestead Rd
HTN	Huntertown Elementary	Old Lima Rd, Huntertown, IN
LHS	Leo High School	14600 Amstutz Rd
NHB	New Haven Home Loan Bank	1230 Lincoln Hwy East, New Haven, IN
WHS	Wayne High School	9100 Winchester Rd
WLN	Woodlan High School	17215 Woodburn Rd, Woodlan, IN

Top ten reasons to ride in a group:

10. you are safer in a pack
9. you can see and smell the flowers
8. you go lotsa miles per gallon
7. conversation?
6. it makes you go faster
5. you can tailgate and not get a ticket
4. you can talk bikes with those that care
3. camaraderie with other cycling nuts
2. when you make a wrong turn, you won't be alone; others follow

And the #1 reason:

1. You can break wind and others appreciate it.

Kathy Boling

Joe Bartels, Race Director / Volunteer

asks, "If anyone would be interested in adding "ABR and/or USCF Official" to their cycling portfolio, please let me know. It is an easy title to get and this area is in desperate need of one. You don't have to have to be a racer to apply.

Or if anyone would like to contribute something towards cycling in general, but don't really have an idea of what they could contribute. Let me know.

Even if you don't want to commit to anything long term. Let me know. Volunteers make a club. The more volunteers, the better the club."

Racing results:

Mar.5: Morrow RR#1 Cincinnati Series
Cat 3/4 Ryan Meyrs, Luke Landis, Roger Kingsbery

No top 10 placings....this time.

April Training Schedule

Tues	4-4	5:30pm	Monson Church	Circuit Race
Weds	4-5	5:30pm	Jefferson M.S.	Easy
Thur	4-6	5:30pm	Homestead H.S.	S. Whitley RR
Tues	4-11	5:30pm	Harding H.S.	Circuit Race
Weds	4-12	5:30pm	Wayne H.S.	Easy
Thur	4-13	5:30pm	Monson Church	Sprints
Tues	4-18	5:30pm	Jefferson M.S.	Circuit Race
Weds	4-19	5:30pm	Homestead H.S.	Easy
Thur	4-20	5:30pm	Flaugh Rd	Col. City RR
Tues	4-25	6pm	Wayne H.S.	Circuit Race
Weds	4-26	6pm	Carroll H.S.	Easy
Thur	4-27	6:15pm	Casa's West	Crit
Tues	5-2	6pm	Jefferson Twp H.S.	Circuit Race
Weds	5-3	6pm	Flaugh Rd.	Easy
Thur	5-4	6pm	Wayne H.S.	Bluffton RR

Area Racing Schedule**APRIL**

Sat 4/1	NCCA Purdue University Road Race	<www.race-ncca.org>
Sun 4/2	USCF Campbellsburg RR, Campbellsburg, IN 502-695-1500	<timbeirne@aol.com>
Sun 4/2	NCCA Purdue University Criterium	<www.race-ncca.org>
Sat 4/8	USCF L'Esprit RR, Louisville, KY Victor Maddox 502-456-9779	<bmaddox@tmhd.com>
Sat 4/8	Fun Promotions Off-Road, Grand Rapids, MI	<www.funpromotions.com>
Sun 4/9	USCF AAVC Spring Training Series, Ann Arbor, MI 734-761-1603	<paul@quickrelease.com>
Sun 4/9	Fun Promotions Off-Road, Grand Rapids, MI	<www.funpromotions.com>
Sat 4/15	NORBA LCP Off-Road Series-Marsh Madness, Lake County, IN	<www.nwibike.com>
Sat 4/15	NCCA DePauw University TeamTT/IndividualTT	<www.race-ncca.org>
Sun 4/16	NORBA XC MTB Race Kickapoo State Park, Danville, IL 217-344-4539	<tweber@uiuc.edu>
Sun 4/16	USCF AAVC Spring Training Series, Ann Arbor, MI 734-761-1603	<paul@quickrelease.com>
Sun 4/16	NCCA Marian College Criterium	<www.race-ncca.org>
Sun 4/16	MMBA Deep Lake TT, Yankee Springs Rec Area	<www.mmba.org>
Sat 4/22	NCCA Indiana University Road Race	<www.race-ncca.org>
Sat 4/22	Fun Promotions Off-Road, Boyne Mountain, MI	<www.funpromotions.com>
Sun 4/23	Fun Promotions Off-Road, Boyne Mountain, MI	<www.funpromotions.com>
Sat 4/29	USCF Willow Park TT, Belleville, MI 734-424-0549	<dditto@ford.com>
Sat 4/29	ABR Rock Cut RR, Rockford, IL	<www.ambikerace.org>
Sat 4/29	ABR Shakamak State Park RR, Jacksonville, IN	<www.ambikerace.org>
Sun 4/30	ABR Rockford MTB Race, Rockford, IL	<www.ambikerace.org>

MAY

Sat 5/6	ABR Springfield Weekend RR, Athens, IL	<www.ambikerace.org>
Sat 5/6	ABR Eagle Creek Criterium, Indianapolis, IN	<www.ambikerace.org>
Sat 5/6	Fun Promotions Off-Road, Ithaca, MI	<www.funpromotions.com>
Sun 5/7	NORBA White Lightning MTB Race, Grand Rivers, KY 502-294-2000	<acebrown@sunsix.infi.net>
Sun 5/7	USCF Park Forest Criterium, Park Forest, IL 312-322-6952	<scwpgl@netzero.net>
Sun 5/7	USCF Saturn Training Series, Lansing, MI 517-347-7572	
Sun 5/7	ABR Springfield Weekend Criterium, Springfield, IL	<www.ambikerace.org>
Sun 5/7	ABR Mooresville Classic, Mooresville, IN	<www.ambikerace.org>
Sun 5/7	MMBA Fort Custer XC, Battle Creek, MI	<www.mmba.org>
Sun 5/28	USCF The Great Race, Goshen-Elkhart, IN 219-295-8020	

From The Fat Tired Guy

Our sources say that there is a serious lack of waffle prints on the area trails. The weather, no doubt, has been a major reason. But now it is spring! There are trails to ride and urban wilderness to explore. Check out the schedule below and join in.

Saturday, April 1 - Bike the Grand Canyon --Here's an epic that should rank as one of your top rides of the month. With 4400 feet of elevation change, it is one screaming downhill and one killer climb. Meet at Bob Evans at I-69 and Dupont at 9 am to carpool or caravan. Please have waiver or show evidence that you are physically able to be beamed to the south canyon rim. Alternate sites planned in case weather or other factors force cancellation.

Sunday, April 2 - Join the Roadies -- Meet at Carroll High School at 1pm for the 3RVS Spring Inaugural Tour. With a variety of distance options, this ride should be fat tired friendly. Just put a little extra pressure in the knobbies.

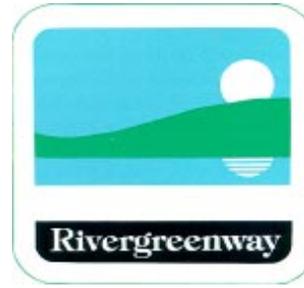
Saturday, April 8 - Urban Off Road at Franke -- Franke Park has some of the best trails in the area and some new stuff too. Here's your chance to practice logs climbs and off camber turns without driving for hours to and from. Meet at the duck pond lot at 9 am.

Sunday, April 16 - Urban Exploring Made Easy -- Bring friends and family to this "level 1" ride. The pace and route will be suitable for all skill levels but it won't be monotonous. Plan on a mix of streets, Greenway and urban off road. Meet at Appleseed Park at 3 pm.

Saturday, April 22 - UORE from Foster -- The Fatster always looks forward to urban exploring in SW Fort Wayne. The tentative plans are to visit the recently opened railroad bypass and check out some singletrack along the way. Meet at the parking lot at the end of Foster Park Drive at 9 am.

Sunday, April 30 - The Seven Footbridges of Spy Run Creek -- Gather at Lawton Park at 3 pm for this classic urban ride. It's uncertain whether we've ever managed to cross all seven bridges in one ride. maybe this will be the day that we settle the issue. If the creek is low, we may throw in a "ford" to make it interesting.

For more info contact Phil at 419-542-8971 or bikenphil@aol.com.



It's Time To Clean Up!

The Spring Clean Up of the portion of the Rivergreenway adopted by the Three Rivers Velo Sport is scheduled for 8:30 am on Saturday, April 29, 2000. We will meet at the parking lot of the Greenway & boat launch, on the south side of North River Road, a little east of Maysville Road, west of Landin Road.

Please wear long pants, long sleeves and work gloves. This usually takes about two hours, but the more workers we have the faster it should go. The touring ride will start at 11:00 from the New Haven area, close to our work site, so we should make it to the ride if you bring your cycling gear with you. Be sure your bike is secure, although if we have enough workers we'll leave one person to clean the parking area and watch the bikes.

Thank you for the assistance! We have a nice sign at the bike path acknowledging our adoption of the Greenway.

About the Greenway: About a dozen years ago, a diverse group of citizens from both the public and private sectors in Fort Wayne and Allen County met to form the Rivergreenway Consortium. The goal was to develop a linear park, along the banks of our rivers, that would extend from county line to county line.

The Rivergreenway offers natural vistas and scenic overlooks within an urban environment.

It creates a synergism between country and city settings that affords users the opportunity to enjoy the best of both.

Additionally it creates a natural overflow against the invasion of high water, which helps mitigate the ravages of flooding.

Quick Release

This is a publication of 3 Rivers Velo Sport, Inc., as the astute reader would have learned from the top of page 1. It is published 12 or so times a year, and is distributed to all club members free of charge. Well, you do have to pay your dues to receive *Quick Release*, but beside that small detail, it's free of charge to members.

3 Rivers Velo Sport

3RVS Inc. is a bicycling organization based in Fort Wayne, Indiana which promotes bicycling as a healthy, fun, energy efficient, lifelong activity for persons of all ages. The club sponsors a range of activities offering the benefits of group cycling to riders interested in touring, racing and off-road riding. Special thanks to the following:

Webmaster Michael Heyes
mhey@concentric.net
Membership Leslie Melcher
lvmelcher@msn.com

Quick Release by Email

If you would like to receive a full color newsletter by email in the Acrobat Reader format **instead** of by regular mail, please email Leslie at lvmelcher@msn.com, or check the appropriate box on the 3RVS membership application.

The Classifieds Stuff for Sale:

Bianchi Volpe, 2 years old
Nice bike looking for nice home.
Doug & Laura Runyan: 219-749-8283

Specialized M2 Mountain Bike, 13" Frame, Shimano XT, Grip Shift, Blue, 2-years old \$450

Shimano Dura Ace crankset.
175 mm, new condition \$100

Todd Anderson: 219-436-0346

3RF GUY Here. I know it's still early, and most of us haven't even begun to think about riding. But, I've got to let the cat out of the bag. I'm darn excited about the Three Rivers Festival Bike tour on Sunday, July 9 already! A couple of new things for 2000 will be a USCF sanctioned race on the route starting just before the tour, and a gravel road route designed by that Fat Tired Guy. We can no honestly say we've got something for everyone.

There's already a core group that's stepping up to help out, and I really appreciate that. Mike Heyes is tackling the flier. Gene Dixon is merging all our mailing list data. Susan Hunt, although stepping down as ride coordinator, has graciously accepted the position that I call "The Foodmaster". I'm tackling the duties of "The Loudmouth", better known as publicity.

I'm looking for a few more members to assist in the preparations. I see us meeting once a month and just brainstorming and discussing what has been done already, and what needs to be done. I'm especially looking for a "Routekeeper" and a "Bean Counter". The Routekeeper is responsible for, and in charge of, the route, map drawing and printing, road marking, support vehicle scheduling, first aid, bike supplies, and assisting the Foodmaster in getting the food and drink to the sags. The Bean Counter heads up the registration area and processes all the preregistered riders, and, naturally, is in charge of all the money on Sunday. It's a commitment, especially during Crunchtime (July 1 - 9), but you'll truly enjoy being involved in this endeavor. To help, call 471-7142 or email me: indiana-jim@juno.com.

Jim Schroeder

What happened to the newsletters in the bike shops?

Well, we aren't sending newsletters to the bike shops any more. No, we're not mad at them; actually, Summit City and Koehlinger are great sponsors of the club and we appreciate all the support they provide to 3RVS and cycling in general.

There are two tangible benefits to belonging to the Club: 1) you get a nice 5% discount at both bike shops and 2) you receive the Quick Release newsletter. It didn't seem fair to distribute newsletters free of charge to the general public by offering them at the bike shops. The Club does want to have a presence in the shops, so a substitute was developed.

The shops now have a new, attractive (I think), and informative brochure that explains the who, what and where of the Club and lists our major ride events. AND it contains a membership application. Next time you're at one of the shops, ask for it, take a look, then fill out and send in the membership app. Then, you'll get a newsletter.



The New 3RVS Brochure >>>

<input type="checkbox"/> Individual <input type="checkbox"/> New <input type="checkbox"/> Family <input type="checkbox"/> Renewal	3 Rivers Velo Sport 2000 Membership Form	<input type="checkbox"/> Touring <input type="checkbox"/> Off-Road <input type="checkbox"/> Racing <input type="checkbox"/> Commuting
Name _____ Age _____ Date _____ Address _____ Email _____ State _____ Zip _____ Phone _____ City _____		
<input type="checkbox"/> Check to receive newsletter by email <input type="checkbox"/> Check to not be included on membership roster available to other bike related groups		
Signature(s) (Parent or guardian if under 18) _____		
Fees: \$10 Individual, \$15 Family. In signing this form, I acknowledge the inherent danger of bicycling and agree on behalf of myself, my heirs, devisees or estate to hold 3RVS, Inc. and its members harmless for loss, damage, injury/death to myself or dependents as a consequence of participating in activities of 3RVS, Inc. Make check payable to 3RVS. Return to 3RVS, PO Box 11391, Ft. Wayne, IN 46857-1391		

OFFICER NEEDED: PUBLICITY DIRECTOR

We are in need of a very special person to serve as Publicity Director for Three Rivers Velo Sport.

The Publicity Director coordinates Club publicity for weekly rides and the Club's major events. The Publicity Director also serves as a voting member of the Board of directors.

The previous publicity director resigned on March 5 due to time and scheduling conflicts that prevented her from serving in this position. The Club wishes her well in her future pursuits.

When an officer resigns, the Club constitution calls for a special election at the next regular meeting, which will take place on April 6. If you are interested in serving in this rewarding position, please contact Karen Walker at 219-747-2420.

Please consider volunteering for this exciting position. Last year's Publicity Director, Marilyn Bash, has done a fine job of compiling information that will assist the new Director to get started.

Remember, your Club is what you make it. Your Club cannot exist without members who volunteer their time to help out. Besides, as a member of the Board of Directors, you will have the opportunity to work with a really great group of officers and **YOU WILL MAKE A DIFFERENCE.**

Help Wanted:

Volunteers for May Madness Tour

Anne needs volunteers for the May Madness ride, scheduled for May 9. Split shifts, all positions from entry level up. No experience required! Training available. Call Anne at 219-482-2845 or email Ellisstrat@aol.com for further details.

Welcome to 3RVS' New Members:

Evette Rogers, Dianna, Jim and Elizabeth Posey,
Tim Porter, Michael Bedwell and Joel DeSelm

NEW FOR THE MILLENNIUM: A SOCIAL TOURING GROUP

Would you be interested in getting in on the ground floor of a new, social touring group? Do you have any ideas to offer for a group like this?

Cheryl Mathews and Barbara Pontius are starting a new group in which all riders will stay together, where no one will be left behind. These rides will probably be 30 to 40 miles long and average 10 to 15 mph. The purpose of these rides is fun and camaraderie. Most would include a food stop, a scenic ride or a point of interest.

PRELIMINARY PLANS:

Rides would be led by volunteer leaders who have a favorite route they want to share with others. These rides would not necessarily be every week. The number of rides would depend on the number of willing volunteer leaders.

If you don't want to wear tight black shorts and a flashy tight jersey, we don't care. If you don't have an expensive bike, that's OK too. You can have just as much fun no matter what you ride, but please make sure it is in good repair.

If you don't know what to do when you get a flat, we will pitch in and help. You won't be left sitting alone and stranded at the side of the road wondering what on earth to do now.

If you have never ridden in a group before, we will teach how group riding etiquette and protocol. Don't like to wear a helmet? Sorry, on this issue we will care. Helmets are required.

Does this sound like what you have been looking for? If so, contact Cheryl or Barb and help us get this group up, out and rolling. We would like to have a meeting of interested people soon.

Cheryl Mathews - 483-8733 email Cmathews@acpl.lib.in.us

Barbara Pontius - 485-5187 email BHPontius@aol.com

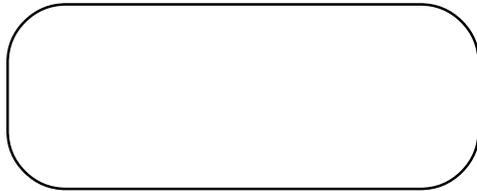
Hey, This Could Be Your Last Newsletter! Check It Out!!

If you **STILL** haven't renewed your membership, **THIS WILL BE YOUR LAST NEWSLETTER!** Don't remember if you renewed or not? We do, and here's how you can tell: look at the mailing label on this newsletter. If the expiration date ends in "00", you need to renew now.

Just fill out the membership application in this newsletter and send it along with ten dollars to the address shown. Ten dollars?! That's pretty inexpensive, isn't it? Actually, we have the lowest membership dues in Indiana.

Besides getting this beautiful, informative and fact filled newsletter every month, club member are entitled to a 5% discount at Summit City Bicycles and Koehlinger Cycle and Fitness shops. Be sure to ask for the discount.

Renew yourself! It's cheap, easy and fun.



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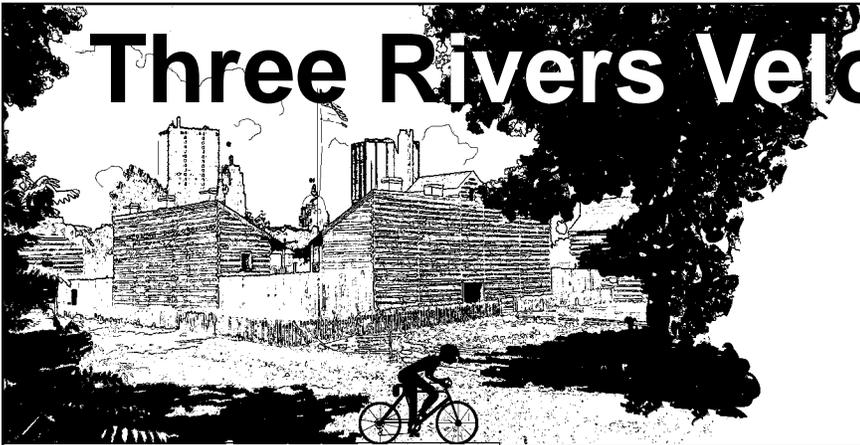
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Three Rivers Velo Sport, Inc.

April 2000 Newsletter

A FORT WAYNE, INDIANA
BICYCLE ORGANIZATION



Next 3RVS Club Meeting

When: Thursday, April 6, at 7:30 pm

Where: First Wayne St. United Methodist Church, 300 E. Wayne St.

April Meeting Program

Learn about many interesting touring and racing options available for the upcoming season. Presenters Cheryl Mathews, Roger Kingsbery and Jim Brown will give their recommendations.

3RVS Club Officers

<u>Position</u>	<u>Name</u>	<u>Phone(219-)</u>	<u>Email</u>
President	Karen Walker	747-2420	cougargalkw@hotmail.com
Treasurer	Kevin Truelove	432-6219	KTrue@aol.com
Secretary	Kit Conrad	422-6332	teacher@tk7.net
Racing	Joe Bartels	744-1675	AXNJoe@aol.com
Touring	Kathy Boling	432-5526	bikemom@ctlnet.com
Off-Road	Phil Snider	419-542-8971	Bikenphil@aol.com
Publicity	Your Name	Volunteer!!	Your email address?
Newsletter	Michael Heyes	489-7040	mheyес@concentric.net
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	Email	mail@3rvs.com	